

Abide Leaders Guide

Week 1: Created to Connect

February 1st, 2026

1. Guide the group toward honesty, not “Sunday school answers”

Encourage people to share where connection has been difficult. Normalize the struggle — that’s why we’re learning to abide. Share personal examples of how the Lord brought you through similar struggles to provide a model to follow.

2. Bring the conversation back to relationship over performance

If the group begins talking about “trying harder,” help them refocus on remaining, slowing down, and receiving God’s presence.

3. Help each person commit to a core practice

Every person should leave with one clear, simple next step for the week — something they can realistically live out. Tell them you’ll ask about it next week.